

Courses and Training 2024

SaarRowingCenter offers courses for rowers of all levels at various locations in Europe
Starters (S) & beginners (B) and advanced (A) & experienced (E) rowers will be coached in separate groups



G - Dreisbach/Saar 2024	
April	26-27-28-29
May	1-2-3-4 9-10-11-12 17-18-19-20 30-31 May - 1-2 June
June	13-14-15-16
July	-
Aug	1-2-3-4 8-9-10-11 22-23-24-25
Sept	12-13-14-15 20-21-22

CH - Basel/Kaizeraugst 2024	
June	25-26 28-29-30

CH - Bern/Wohlensee 2024	
July	5-6-7 9-10-11 13-14

ESP - Sevilla 2024 *)	
March	12-13-14-15
Oct	28-29-30-31
also 4x, 4- and 8 available	

NL - Apeldoorns Kanaal 2024	
April	13-14 other dates on request

NL - Dalfsen 2024	
dates on request	

NL - Amsterdam 2024 *)	
dates on request	

NL - Willem-Alexander Baan 2024	
July	11-12-13-14 other dates on request

UK - Reading/Thames 2024	
May	14-15-16

B - Seneffe 2024 *)	
Oct	4-5-6

*) not for starters (S) and beginners (B), participation only for advanced (A) and experienced (E) rowers

G - Berlin/Neukölln 2024	
May	1-2-3-4
July	18-19-20-21
Aug	11-12-13-14

S = Starter: (almost) no rowing experience
B = Beginner: no-little experience in single scull, minimal 6 months experience in teamboats
A = Advanced: at least 6 months experience in the single scull AND able to get in/out the boat without help AND being able to dock without help at the pontoon AND able to manoeuvre #)
E = Experience: as 'advanced', longer experience in the single scull and race ambitions #)

#) Because of your own safety it is important that at the start of the course you are fully able to back down (portside and starboard) as well as backing down 10 full strokes. If you are not able to maneuver in a proper way, practice this regularly on your own club.

G - München/Oberschleissheim 2024	
June	18-19-20 21-22-23

G - Duisburg-Wedau 2024	
no dates available	

G - Konstanz/Bodensee 2024	
May	30-31 May - 1-2 June

Information

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27-02-24